



PARENTS INFO BOOK

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CLUB CONTACT INFO

Club President	Dave Johnson	president@papakuracityfc.org.nz
Club Secretary	Cheryl Derrick	admin@papakuracityfc.org.nz
Club Treasurer	Adrian Kinsler	treasurer@papakuracityfc.org.nz
Technical Director (Skills Centres / Player Development)	Matt Bouma	matthew.bouma93@gmail.com
Girls & Women's Lead	Natalie Yakas	junior-youth-girls@papakuracityfc.org.nz
Groundsman (fields / goals / nets)	Damon Campbell	grounds@papakuracityfc.org.nz
Facilities (clubrooms / change rooms)	Bob Van Bellen	facilities@papakuracityfc.org.nz
Gear Manager (shirts / training equipment - not goals/nets)	Tim Bodger	gear@papakuracityfc.org.nz
Social Media & Futsal	Josh Greet	media@papakuracityfc.org.nz
Hospitality (bar / kitchen / tuckshop / venue hire)	Letchia Hanson	hospitality@papakuracityfc.org.nz

ABOUT JUNIOR FOOTBALL



THE WINTER SEASON

Season starts Saturday 27th April. There are no games on 1st June or 13th July (subject to change by NRF).

For the full NRF 2024 Junior Season Calendar click [HERE](#)

Where to find the draws...

<https://www.nrf.org.nz/Competitions-1/Junior-Football-U9U12/South-Auckland-Junior-Fixtures>

Under the above link you can find your team in the age groups from the drop down menu.

Draws will be confirmed by NRF by 5pm on Friday night but it is important to check on Saturday morning as well for any late changes, especially if it has been wet during the week. You need to find and check your own fixtures, this is part of the team manager role.



TRAVEL

Players will mainly travel around South Auckland and Franklin areas, some competitions, mainly the girls competitions will include central Auckland teams.

The field location in the fixtures on the NRF website is a clickable link that will take you to Google Maps, this will show you where the park is however like us, every club has a field layout posted somewhere on their website (there are links on the Opposition Clubs page of this document)... Google it... and make sure you know where you are playing.



GAME TIMES

Game times - Game times vary from 8.30am - 11am depending on the fields. If you start late then you can't finish late if there is another team waiting to go on. Divide the remaining time left at the time of kick off in 2 including 5 minutes for ½ time and ensure you finish no later than you were originally scheduled to.



INCIDENTS

If you have a serious incident at a game (abuse, physical or verbal) then you must gather as much information as you can (club, field, team name, player name and a detailed description of the incident) this will assist if you wish to file an incident report.

An [Incident Report Form](#) (clickable link) needs to be filled out which will go to the Disciplinary Panel for review and action. Face to face discussions are preferred by the Panel. This can be found on the club website under Contact.



PLAYING / TRAINING GEAR

REQUIRED GEAR

- Boots (no metal sprigs)
- Shinpads (compulsory for game days)
- Royal / Bold Blue Football Shorts
- Royal / Bold Blue Football Socks (must cover shinpads)

Gear can be purchased from our **TeamSports club shop**, sports stores like Rebel Sport, The Warehouse & Kmart stock some shinpads and boots. A small amount of stock will be held at the clubrooms, please contact admin@papakuracityfc.org.nz for availability.

TRAININGS

- Players can wear what they are comfortable to train in
- Do NOT wear the blue and white striped playing shirt to training sessions
- Shinpads are strongly recommended for training sessions
- Boots not sneakers should be worn for training

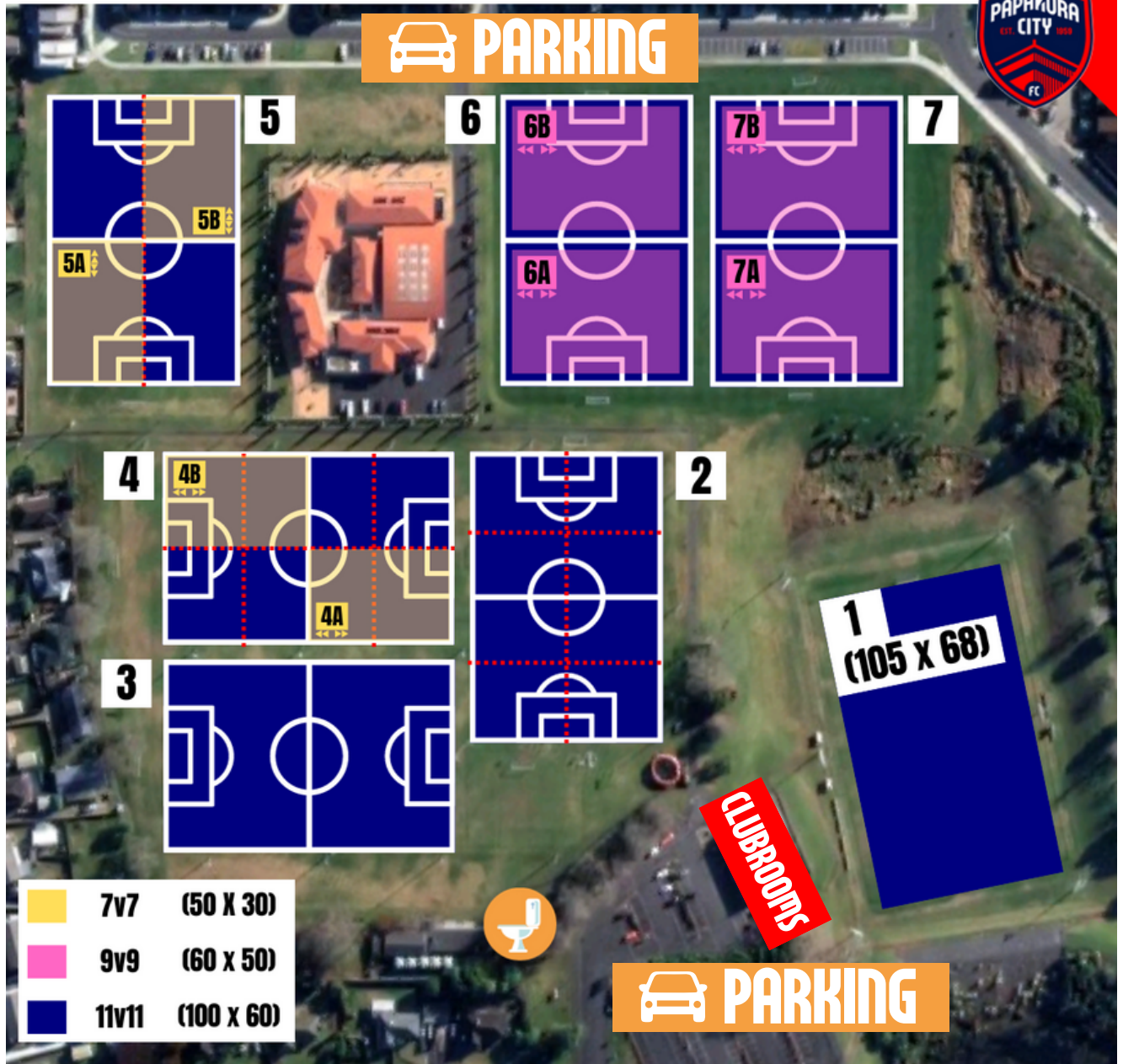
GAME DAY

- Uniform for game day is blue & white striped playing shirt, royal / bold blue socks and shorts, shinpads (compulsory) and boots (no metal sprigs).
- Goalies should wear a coloured bib OR goalie shirt if your team was given one (these were very limited this year).
- Any changes to shirt sizes needed please contact Tim the gear manager on gear@papakuracityfc.org.nz. Do not expect him to change shirts on Saturdays, this needs to be sorted on a training night.
- **The playing shirts are not to be worn to trainings, games only** and please look after them. No dripping tomato sauce or similar down the front as it does stain. Please look after the shirt provided to you for the season. Loss or damage to the playing shirts may be invoiced.



MCLENNAN PARK FIELD MAP

FIELD MAP MCLENNAN PARK, PAPA KURA



Carparking - for training nights the parking nearest the clubrooms is best. On game days parking on Te Apirangi Road can be used for closer access to fields 5,6 & 7.

Club Official Carparks - Please don't park or wait in the club official car parks for your children during training. These are a "perk" for our club officials that volunteer many hours to run the club. If you'd like to use these carparks get in contact about volunteering!

Carpark Safety - please ensure your children aren't running through the carpark to get to training or back from training. It is a very busy space at these times. Younger players should be taken to and from their training sessions.



HOW PARENTS CAN HELP



LEARN THE RULES

Parents - you need to help your coaches/managers:

- **Each team should ref 1 half of the game each.** It shouldn't be the coach refing as they already have their role so this volunteer should be from the other parents in the team. Responsible older siblings that are familiar with the rules are encouraged to give refing a go as well.
- Parents should familiarise themselves with the game rules so you can help out - the basics have been collated at the end of this document. There is no coaching allowed on the field or from behind the goal.



COMMUNICATE WITH YOUR COACH OR MANAGER

- If your child can't make it to training let the manager know as soon as possible
- If your child is going to be late to training, let the manager know
- If your child can't make it to a game, please let your manager know before game day (unless for example they wake up sick)

Be respectful of the time of your communications, unless it is urgent (it usually isn't) you don't need to ring your child's coach/manager (or any club officials) at 6am or 9pm in the middle of the week.



BE PREPARED & ON TIME

- Make sure your child turns up on time and ready to train with a jacket (during the winter months) and a filled water bottle
- Your child should arrive to games in uniform ready to warm-up, shinpads (under football socks) are compulsory for game days and strongly recommended for training.
- **Your child's coach / manager is not a baby-sitter.** Please pick your child up straight after training, it is not fair on the coach or manager to have to consistently wait around after training.
- Watch your child's game! They will always look for you on the sidelines



WET WEATHER & CANCELLATIONS

In the event of bad rain during the week and / or the night before game day you'll need to double check your fixture in the morning. Sometimes there can be changes as late as 8am.

Keep an eye out on the fixtures list, the [NRF website](#) and the [NRF Facebook page](#) for announcements of any changes. If it has been transferred the field location will be changed. If it is postponed, cancelled or a default, it will usually be in red.

Blanket cancellations means ALL games in a competition have been cancelled.

Blanket cancellations on game day mornings will be posted to NRF [homepage](#), [Facebook](#) and [Twitter](#)
If you're unsure if your game will go ahead, check there first

The club secretary will be checking emails from early in the morning to pick up any emailed changes and they will be in contact with the coach / manager as soon as they can.

The full NRF Wet Weather Process can be found [HERE](#)

Do not ring / text / email club officials or post on club social media pages asking if there has been any changes, please be assured once we have the info we will let you know.

Frequently Asked Questions - from the NRF website

It's sunny, why are you cancelling games?

Grounds can be closed by Council or clubs in wet weather. Cancellation decisions take into account underfoot conditions
If a field is sodden, playing a match risks taking it out of action for weeks, for the sake of a day's play. Our goal is to play as much football as possible through the whole season

The Council's website says the ground is closed, but our game is still on according to your website - which one is correct?

Please disregard Council website information for NRF competitions. Councils hand the grounds over to us on a Friday with any necessary restrictions and we adjust the draws accordingly

My game is still on according to the website, is this correct?

Check our [homepage](#), [Facebook](#) and [Twitter](#) to make sure there are no blanket cancellations

We post notifications there first as it takes some time to update all fixtures

If there's nothing to this effect posted, and we've announced there are no further changes, then yes, your game is still on

Our game is on turf, why has it been cancelled?

There are a number of reasons why a game on turf may be cancelled, including:

Other games in the grade can't be moved from grass to turf so the entire grade has been cancelled or postponed, to ensure interruptions across the season are shared around teams or grades

It could have been cancelled so a higher ranked competition or a team travelling from outside of Auckland can use the pitch



GOOD SPORTS

Papakura City FC is a Good Sports club. Good Sports® is all about creating positive sporting experiences for children and young people. The Good Sports Spine has the key elements about what it is all about, the full guide is available on request.



CLUB CODE OF CONDUCT

This code of conduct sets out the expectations of all parents/guardians, players, coaches, volunteers, and club members of Papakura City Football Club (PCFC).

Football plays a vital role in encouraging physical, social, and emotional growth for children. It is therefore essential for parents, coaches, and officials to encourage their football players to embrace the values of good sportsmanship, discipline, and character development.

We expect everyone to meet the following requirements regarding their conduct during any activity held at, or on behalf of PCFC in any role they hold. This is a guide and is by no means an exhaustive list.

1. Respect the rights, dignity and worth of others including adopting practices that encourage greater diversity and inclusion across sport, be that in terms of gender, ethnicity, nationality, religion, sexual orientation, or disability. Recognise that diversity and inclusion mean that anyone should be encouraged and able to participate and enjoy sport without prejudice and in a welcoming, inclusive & safe environment.
2. Be fair, considerate, and honest in all dealings with others and be a positive role model.
3. Be professional in, and accept responsibility for, their actions.
4. Make a commitment to providing a welcoming & quality service.
5. Be aware of, and maintain an uncompromising adherence to the standards, rules, regulations, and policies of PCFC.
6. Do not use their involvement with PCFC or affiliated associations to promote their own beliefs, behaviours, or practices where these are inconsistent with those of PCFC.
7. Refrain from any behaviour that may bring PCFC into disrepute or jeopardise the reputation of the club.
8. Provide a safe environment for the conduct of the activity.
9. Show concern and caution towards others who may be sick or injured.
10. Understand the repercussions if they breach, or are aware of any breaches of, this code of behaviour.



PARENTS / GUARDIANS CODE OF CONDUCT

Code of conduct for Parents / Guardians

As a parent or guardian, you play an important role in supporting your child within football, and you can have a tremendous impact on your child's own experiences.

Any parent guilty of improper conduct at any game or training will be asked to leave the sports facility and could be suspended from the following game. Repeat violations may cause a multiple game suspension, or the season forfeiture of the privilege of attending all games.

In supporting your child with their football, we expect you to:

- Let the coach or team manager know before training commences if your child will be absent or late unless there are extenuating circumstances.
- Acknowledge and respect the coach's advice in relation to your child's training and raise any questions with them in a constructive manner.
- Be a positive role model for your child and encourage good sportsmanship by showing respect and demonstrating positive support for all players, officials, coaches, and spectators both at training and on game day.
- Respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak to coaches at an agreed upon time and place.
- Inform your coach if your child has an injury or an ailment that may affect their training or game day performance. Seek further professional treatment is necessary.
- Support your child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- Support your child to know that doing one's best is more important than winning, so that your child will never feel defeated by the outcome of a game or their performance.
- Praise your child for competing fairly and trying hard, and make your child feel like a winner every time.

Breaches of code of conduct:

If a player or parent/guardian breaches this code of conduct:

- The Coach will warn the player or their parent/guardian that they are in breach of their responsibilities and, if necessary, arrange for a meeting with that player and their parent / guardian to discuss further action (which may include removal from team/club)

Should the player or their parent/guardian be dissatisfied with the decision of the Coach, then the matter should be addressed with our Director of Football in the first instance. If necessary, the Director of Football will arrange for a meeting with the player, their parent/guardian, and the Club President (or their delegate).



GAME RULES

U9 - U12 PG 1

U9s / U10s

Format: 7 v 7 (with GKs)

Game length: 2 x 25min halves

U11s / U12s

Format: 9 v 9 (with GKs)

Game length: 2 x 27.5min halves

Goal Keepers

- Each team has a Goalkeeper (GK)
- To restart play after a save or gathering the ball with their hands, the ball must be thrown or rolled from the hands or played from the ground with their feet.
- **The goalkeeper is not allowed to kick or drop kick the ball directly from their hands.**

When the GK has the ball in their hands or taking a goal kick: the opposition team must drop behind the retreating line until an attacking player has received the ball or the ball is played over the retreating line.

Start & re-start of play

- Game starts with a kick to a teammate from the middle of the halfway line.
- Opposition must be 5m away from the ball at this time.
- In order to score a goal from kick-off it must touch someone else on the field before entering the goal.
- When a goal is scored, play is restarted at the halfway line by the team who conceded the goal.

Ball crossing side-line (out of play)

- Thrown in to play from behind the side-line.
- Player should face the field of play with both feet behind or on the side-line and should use both hands to deliver the ball from over their head.
- The thrower cannot touch the ball until it has touched another player.
- A goal cannot be scored directly from a throw in.



GAME RULES

U9 - U12 PG 2

Ball crossing goal-line (out of play)

- Corner kick awarded if last touched by defending team.
- A goal kick is awarded if last touched by attacking team.
- Defending players must drop back behind the retreating line when the GK has the ball.
- The opposition may advance over the retreating line once another player (other than the GK) has touched the ball; or the ball is advanced over the retreating line by the GK.

Scoring Goals

- Goal is scored when the whole ball crosses the line. • Where cones/poles are used, the height of the goal should be of the tallest player.

Offside

U9 & U10: Yes - Retreating Line (info on following page)

U11 & U12: Yes - Halfway.

Fouls & Free Kicks

- Indirect free kick awarded if any deliberate handball or excessive physicality or other misconduct occurs.
- Deliberate handball or serious misconduct in the penalty area results in penalty kick 8m from goal, with GK in position.
- When any player is taking a Free Kick inside their retreating line: the opposition team must drop behind the retreating line until an attacking player has received the ball or the ball is played over the retreating line.

Gameday Challenge Point - Coaches & Managers

What to do if the game becomes lopsided; and is no longer at the appropriate challenge point for both teams; here are some ideas:

- Bring on an additional player (i.e., 8v7; 10v9).
- In-Game Player Challenge: Multiple passes (10 or more) before taking a shot on goal.
- Dominant team to remove a player.
- Swap players with the opposition if appropriate.



The Retreating Line Rule



McDonald's Mini Football (U9 & U10)



- Pitches are always marked with the Retreating Lines as 30%-40%-30% of all pitch sizes.
- This line can ideally be marked using spot markers across the pitch – but could be marked on the side-lines with high poles or high cones.
- In U9 & U10 7v7 formats, the Retreating Line is used for offside.
- The attacking player is **ONSIDE** when they are positioned before the defending teams retreating line, at the moment they are being passing the ball; even if they are beyond the last defenders at the moment the ball is passed to them from one of their teammates.



McDonald's Mini Football (U11 & U12)

The Offside Rule

- The attacking player is offside when, at the moment they are being passed the ball, they are positioned in the opponent's half and is the closer player to the opponent's goal line than the last defender.
- The attacking player is offside when considered to be 'in play' - either attempting to play the ball or interfering with the GK from an offside position.



OPPOSITION CLUB

Strip Colours and Field Locations

Beachlands Maraetai FC	White & Blue *bibs may be required	https://bmafc.co.nz/location/
Clevedon AFC	Yellow & Black	https://clevedonfc.co.nz/our-fields
Drury United FC	Green & Black (or Green & Yellow old strip)	https://druryfootball.co.nz/venues
Manukau City AFC	Black & White	<u>378 Massey Road,</u> <u>Māngere East</u>
Manurewa FC	Blue & Yellow *bibs may be required	<u>War Memorial Field Layout</u>
Onehunga Mangere FC	Red & White	https://www.omuafc.org.nz/Our-Club/Grounds-1
Otahuhu United FC	Green & Yellow	<u>Seaside Park, Otahuhu</u>
Papatoetoe AFC	Red & White	<u>27 Chestnut Road,</u> <u>Papatoetoe, Manukau City</u>
Papatoetoe United FC	Blue & Red *bibs may be required	<u>Kolmar Sports Fields,</u> <u>Papatoetoe</u>
Pukekohe AFC	Maroon	https://www.pukekoheafc.com/location-fields/
South Auckland Rangers	Orange & Black	<u>Rongomai Park, East Tamaki</u>
Tuakau FC	Green	<u>Dr John Lightbody Reserve</u>
Waiuku AFC	Blue *bibs may be required	<u>Massey Park,</u> <u>Belgium Street Waiuku</u>
PCFC Waiuku Pa Teams	Black/Green	<u>Off Clarks Beach Road OR</u> <u>off Village Fields Road</u>